

## **SUTAB Colonoscopy Pill Prep Instructions**

**\*\*Try to avoid fruits and vegetables 2 days before colonoscopy\*\***

**Medications that must be stopped FIVE days before the procedure:** Aspirin, Plavix, Eliquis, Pradaxa, Heparin, Xarelto, Coumadin (warfarin), and NSAIDS (e.g.: Motrin, Advil, Naproxen, Celebrex, Ibuprofen) **will need clearance from prescribing MD to stop**

### **INSTRUCTIONS FOR THE DAY BEFORE COLONOSCOPY:**

#### **NO FOOD THE ENTIRE DAY BEFORE PROCEDURE**

**You must remain on a CLEAR liquid diet the entire day before your procedure.**

Clear liquids include: Water, Strained fruit juices (no pulp) including apple, white Grape or white cranberry, Limeade or lemonade, Coffee or tea (do not use any Milk/cream, you may use sugar or lemon), Chicken/Beef broth, soda, Gatorade (yellow Only), popsicles (no red/purple), Jell-O (no red/purple). Please **do not** have any dairy products or **anything red/purple** in color. You can suck on hard candies (no red/purple). Also, you can use alcohol-free wipes or Vaseline to prevent anal skin irritation.

#### **DOSE 1-**

**At 4:00 pm Take first dose of SUTAB**

**Step 1-** Open one (1) bottle of 12 tablets.

**Step 2-** Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water, and drink the entire amount of water over 15 to 20 minutes.

**Step 3-** Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30mins

**Step 4-** Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30mins.

#### **DOSE 2-**

**\*AT 8PM REPEATS THE SAME INSTRUCTIONS AS ABOVE\***

**UNLESS YOU HAVE AN AFTERNOON, PROCEDURE READ INDICATIONS BELOW**

### **THE DAY OF THE COLONOSCOPY:**

**\*\*DO NOT eat or drink anything EXCEPT the preparation\*\***

*With the exception of important meds only (blood pressure, heart and seizure meds)*

**\*IF YOU ARE SCHEDULED 12PM OR LATER, TAKE 1<sup>st</sup> DOSE OF\* SUTAB @ 8PM  
THE EVENING BEFORE PROCEDURE, 2<sup>ND</sup> DOSE THE MORNING OF PROCEDURE  
@ 6AM**